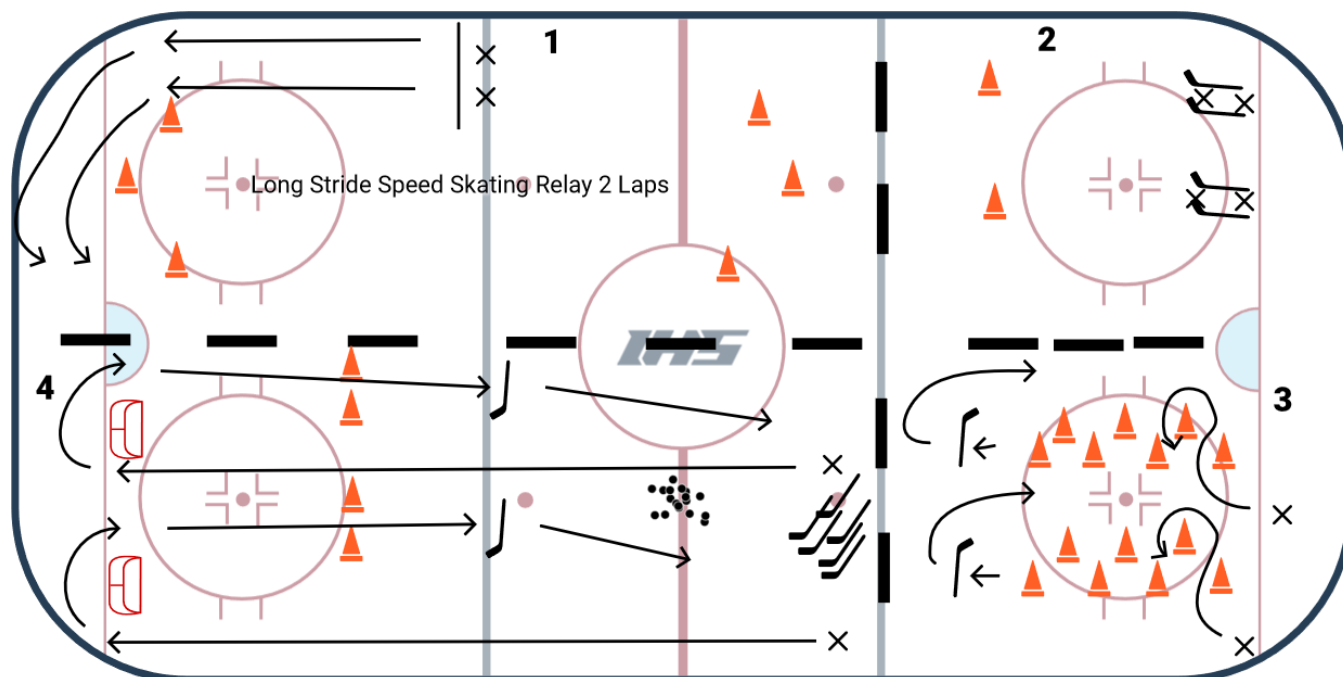


Olympics 3



Description

1. Speed Skating (Long Stride) - No Sticks. Players long stride speed skate. Each player goes 2 laps and then the next 2 go when tagged, relay style. 2 relays each way.
2. Bobsleds! - players pull a player behind them holding 2 sticks in a relay race. Players in the back should start with 1 knee down and transition to 2 depending on player progression.
- 3 - Slalom! - No sticks (or use 2 like ski poles). Cones are positioned very tightly, players go quickly through the cones, jump a stick, then skate back in line and tag the next person (or hand of the poles!)
4. Biathlon - Players start with no stick, skate full speed around the net, dive through the cones, jump the stick, then grab their stick and shoot from the blue line. If they miss, they need to get the puck and bring it back to the pile! 1st to 5 wins!